

Transport Options

- Clients need to arrange their own transport to the clinic. Our Administration Officer may be able to help.
- Community transport assistance may be available from local HACC providers.
- Commonwealth Carelink Centre Phone: 1800 052 222 can be contacted for information on transport services in the area.



Further Information

To speak with the Step Forward Program clinical staff contact the Administration Officer, Medical Suites Nambour General Hospital Phone 5470 6690 who will direct you to the appropriate clinician.

STEP FORWARD PROGRAM

INFORMATION FOR HEALTH PRACTITIONERS

Sunshine Coast – Wide Bay
Health Service District



**CALOUNDRA HOSPITAL
WEST TERRACE
CALOUNDRA Q 4551**

**PHONE: 5470 6690
FAX: 5470 6084**

What Is The Step Forward Program?

An evidence based specialist multidisciplinary clinic which offers assessment and referral for clients at high risk for falls.

Clients attend an initial multidisciplinary screening clinic where their falls risk factors are identified. A case conference generates targeted falls prevention recommendations.

Internal interventions are arranged as required, including Geriatrician review, through existing services, eg Community Health, Community Rehabilitation Team (CRT). Other recommendations are highlighted in the service provider letter requesting implementation by the appropriate health professional.

Clients are reassessed at six months and their general practitioners and referral sources are informed of the outcome of each clinic visit.

Who Can Refer To The Step Forward Program?

- Sunshine Coast-Wide Bay Health Service District medical, allied health and nursing staff
Referrers must complete the Rehabilitation/ (Caloundra Health Service) General Ward Referral Form available on: qheps.health.qld.gov.au/sunshine/documents/forms/HIM_CHS_rehab-ref.pdf
- General Practitioners via letter of referral

Who Is Eligible?

- Adults with a history of one or more falls in the past six months for which a clear diagnosis and management plan has not been able to be established.
- Falls unlikely to be syncopal in origin.
- Clients must be medically and psychiatrically stable without significant cognitive impairment (MMSE \geq 20).

- Clients must be residents of the Sunshine Coast-Wide Bay Health Service District.

Is There A Fee?

No. The Service is funded by Queensland Health.

What Happens Next?

- Complete the Referral Form/letter and forward (as directed on the form) to our Administration Officer, Step Forward Program, C/o Medical Suites, Nambour General Hospital (Fax 5470 6084).
- Eligible clients will be contacted with an appointment and asked to complete a written questionnaire prior to attending the clinic.
- Client should allow two hours for clinic visits.