

CALENDAR 2012 Sunshine Coast Health Service District											
LOCATION	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
KAWANA Lake Kawana Community Centre 114 Sportsmans Pde, Bokarina	9.30am—11.30am 9 Feb—22 Mar Thursday						6pm—8pm 8 Aug—19 Sept Wednesday				
MAROOCHYDORE Community Health Centre Sixth Avenue Maroochydore			6pm—8pm 11 Apr—23 May Wednesday								
NAMBOUR The Meeting Place Cnr James & Shearer Street, Nambour				9.30 am—11.30am 3 May—14 June Thursday							
NOOSA/COOROY To be determined									Date & Time to be advised		

✂ NAME: _____ would like to register for the Lighten Up course. ✂

DATE: _____ TIME: _____ LOCATION: _____

My contact details are as follows ADDRESS: _____

PH: _____ MOB: _____ EMAIL: _____

For more info about the Lighten Up Program, please contact: **Kerry Roach, Postal Address: PO Box 2525 Nambour West Qld 4560**
Ph: 5470 6985 Fx: 5470 5216 Email: kerry_roach@health.qld.gov.au

