



Queensland  
Government

(Service/ Facility)

# Pulmonary Rehabilitation Referral Form (LungMax®)

Please see reverse side for contraindications

### PATIENT ID LABEL

Patient's Name: .....

DOB: .....

Address: .....

..... Postcode: .....

Patient Contact No: .....

Date of referral .....

Consultant: Dr.....

Referring DR: Dr .....

Address: .....

.....

Referring Dr's Signature: .....

### Diagnosis

### Problem List

### Purpose of Referral

### Lung Function

FEV<sub>1</sub> / FVC

FEV<sub>1</sub> (% of predicted)

### Relevant Past Medical History

- Cardiac Disease (specify extent) .....
- Peripheral Vascular Disease (specify extent) .....
- Diabetes Type 1 IDDM     Type 2 NIDDM     Hypertension
- Other (please specify) .....

### Cardiac Medications

Please list .....

### Respiratory

- Beta Agonist     Spiriva     or Atrovent     ICS     Oral Steroid
- Other (specify) .....
- Oxygen / Flow Rate ..... Hours per day .....

### Walking Aids / Mobility

Specify Concerns .....

Please fax or post to LungMax® c/o:

Respiratory Service  
PO Box 547  
Nambour QLD 4560  
Fax: 5370 3482    Tel: 5470 6768

Clients preferred LungMax® venue:

- Caloundra (all year)                       Noosa (2-3 groups / year)
- Nambour (all year)                          Buddina (2-3 groups / year)

## INFORMATION FOR YOUR DOCTOR

For referral to LungMax<sup>®</sup> (Pulmonary Rehabilitation Program) use this form. Further copies or information can be obtained by contacting the CNC Respiratory SCHSD on 5470 6768.

Referrals forms are available from Division of General Practice Website.

[http://scdgp.org.au/page/Primary\\_Care/Templates/](http://scdgp.org.au/page/Primary_Care/Templates/)

See section:- CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

### Guidelines For Referral

#### Absolute Contraindications

- Unstable angina in recent months
- Recent myocardial event
- Critical aortic stenosis
- Cognitive impairment not suited to group work

#### Relative Contraindications

- Tachycardiac, arrhythmia
- Severe hypertension systolic > 180
- Severe mobility problems
- PVD with claudication

#### Other Considerations

- Review locomotor skills – spinal & joint disease may impede benefits of program
- Withhold program for clients in an acute exacerbation (4 -6 weeks post hospital discharge)
- Clients with oxygen and stable medical conditions are eligible for consideration
- Must have ability or access to transport to nominated venue 2 times a week for 8 weeks. Consider HACC funding assistance for transport.