

# What is PPC?

PPC

**Proactive**

**P**rimary **C**are

Simple, Streamlined, Successful



**Sunshine Coast Division**  
of General Practice Ltd

# Proactive Primary Care

PPC is an education and support program that assists General Practice in identifying and minimizing risk; allowing the practice to better manage workflow, improve patient outcomes, improve efficiency, increase return on effort and ensure long term sustainability.

- **Simple**  
Self paced easy to use workbooks, tools, resources and templates give GPs and practice staff the skills to implement sustainable system improvements.
- **Streamlined**  
The program allows practices to streamline and build efficiencies into the current way they do business. There are numerous education opportunities for staff presented in formats that are convenient and suitable for the busy lives of GP's & practice staff.
- **Successful**  
The principles of the Proactive Primary Care Program is based on the successes and learning's from the Improving Diabetes Management Program. The program is designed to assist practices be self motivated, independent and sustainable with their improvements.

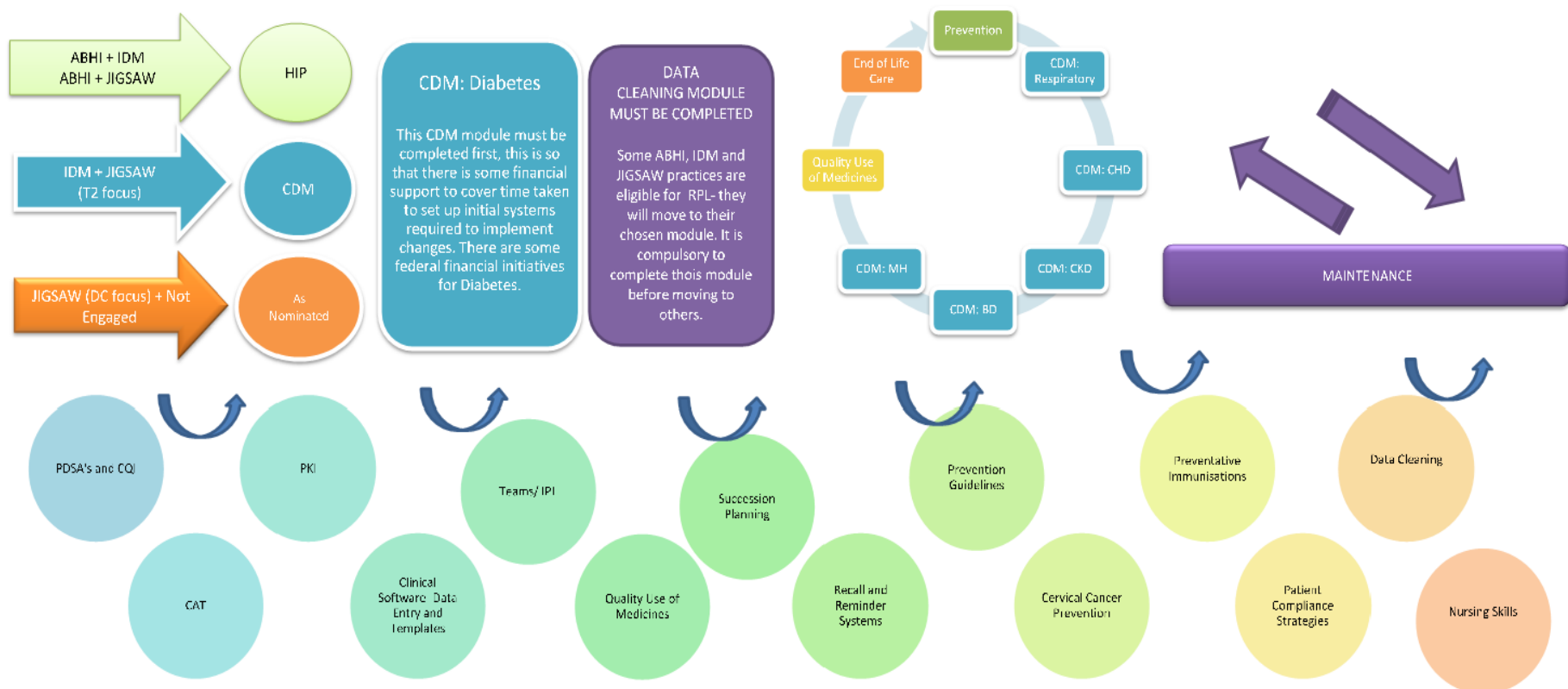
Simple

Streamlined

Successful

## This is a visual representation of the practice journey from past and present programs moving into PPC and HIP program

- Chronic Disease and Data Cleaning modules are compulsory workbooks that teach the foundations of quality improvement, population planning and clean data principals.
- Once complete they can choose from any of the modules from the topics in the circle (there is a simple maintenance schedule that is routinely addressed to ensure quality improvements are sustainable).
- The bouncing balls represent education that flows through every topic during every stage of the program. The education calendar is set for 12 months and always available on our home page so practice staff can plan well ahead.



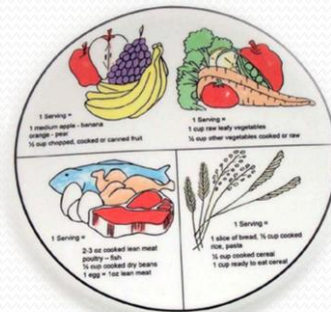
# Benefits to the Practice

- **Improved efficiencies**
- **Minimise risk**
- **Build strong practice teams**
- **Staff up-skilling**
- **Clean population data**
- **Education opportunities**
  - **30 cat 1 CPD per module apply to participating GPs**
  - **C.N.E points per module apply to participating Registered Nurses**
  - **Certificate 3 in Health Administration/ Health Supervision RPL credit apply to some units for participating practice staff**
- **Peer Support and networking**
- **Efficient business models**
- **Improved income opportunities**
- **Tools and current best practice resources provided**
- **Long term sustainability of improvements**



# Benefits to Patients

- Improved health outcomes
- Increased health literacy
- Better Care Coordination
- Skilled practice staff can provide more services in- house
- Self Management principles learned can mean less visits to the GP



# Roll Out

- **Phase 1:** The shift of **current Improving Diabetes Management (IDM) practices to Proactive Primary Care (PPC)**. Once these wave 1 practices are set up and implementing the Diabetes module; recruitment of the next wave of proactive practices will commence.
- **Phase 2: Installation of the workbook** which offers a simple, logical pathway of PDSA cycles to work through; the workbook is self paced and can be completed at a time convenient to the practice. The workbook is designed with quick links to the most current best practice guidelines and instructions/guides. The clinical audit tool (CAT) will allow for viewing population data within the practice. This will assist in gathering information about your active patients and enable the collection of de-identified data specific to the specific patient cohort.
- **Phase 3:** We will undertake a practice **questionnaire** to help identify needs to provide education based on the results of the practices' questionnaire and data extraction (provided through the workbook).

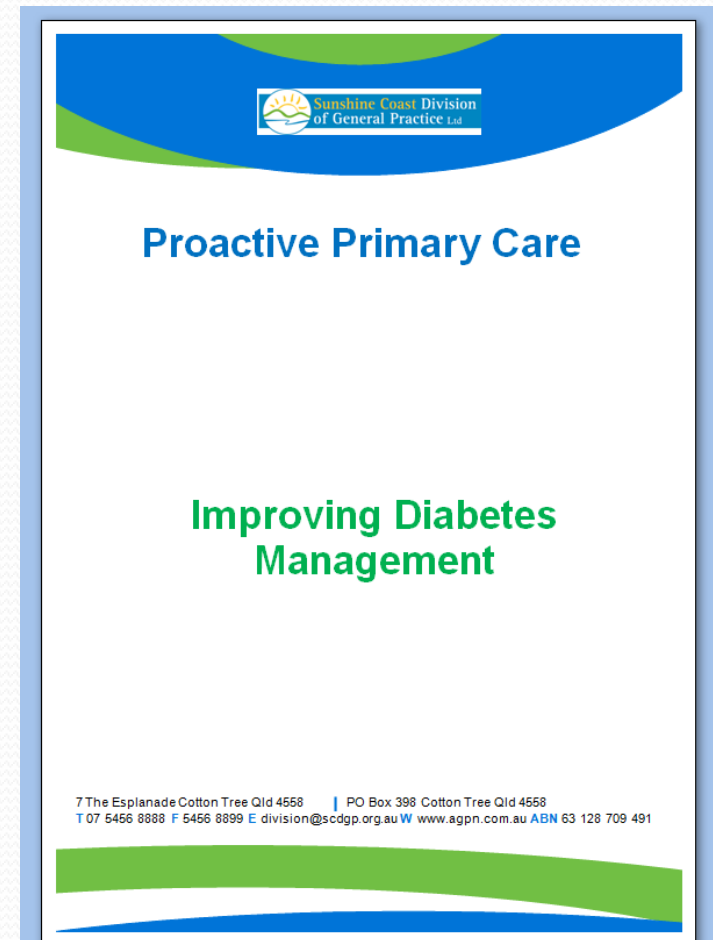
Practices will carry out PDSA's from the **workbooks** resulting in improved systems will assist in the management of your patient cohorts and in improving efficacy within your practice.

- **Phase 4: Evaluation** of the program and tracking of clinical data retrieved throughout the program. Feedback will be provided to the practice informally through the duration and a formal report at the conclusion of a workbook. Analysed results will enable the assessment of the effectiveness of implementation.
- **Phase 5:** As with all good quality improvement cycles -start a new cycle. Workbooks focussing on a range of patient cohorts will be available depending on practice needs and interests titles will include:
  - Improving Diabetes Management (compulsory);
  - Data Cleaning for Better Patient Management (compulsory);
  - Quality Use of Medicines;
  - Prevention Modules
    - (Preventing Type 2 Diabetes, CVD, CKD, Respiratory Disease, Bone Disease, Cervical Cancer, Sexual ally Transmitted Diseases and Promoting Men's Health)
  - Improving Cardiovascular Disease Management;
  - Improving Kidney Disease Management;
  - Improving Respiratory Disease Management;
  - Improving Bone Disease Management;
  - Improving Mental Health;

## The workbooks or modules are designed in two ways...

1. The initial Diabetes & Data Cleaning Modules are a collection of very specific PDSA's (Plan, Do, Study, Act cycles) that teach practices the small manageable steps required to implement quality system improvements, clean their data, identify missing risk data, become familiar with best practice guidelines, patient support services and finally set up Diabetes mini clinics. These books are interactive and have links to best practice guides and resources. (It is envisaged the workbook could take up to 6 months to complete for practices new to the concepts)

Once these steps are complete practices will then be able to apply the learning to other chronic diseases and preventative activities.





# Education: Workshops, Webinars, Meetings

Sunshine Coast Division of General Practice
Promoting and Supporting General Practice

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Home > What's On > Proposed Education Timetable

### Proposed Education Timetable

DATE	TIME	TOPIC	PRESENTER	CONTACT	LOCATION	PARTICIPANTS
Saturday 21 August	9:00am - 5:00pm	Tackling Smoking, Spontaneously & CDDP Workshop <i>Registration Form</i>	David McPherson CNS Registrar SCVETS	Ronnie Milling	SCDGP Board Room	All Staff
Monday 25 August	8:00pm - 9:30pm	Demystifying National Regulation & the CDDP Requirements <i>Registration Form</i>	Helen O'Brien Education Services Manager RCMA	Maq Venues	SCDGP Board Room	PHs & PHs
Wednesday 25 August	8:00pm - 9:00pm	Closing Cultures: The Big Picture - The Hidden History <i>Registration Form</i>	Karen Mills & Aboriginal Health Workers - TBA	Karen Mills	SCDGP Board Room	All Staff
Thursday 26 & Friday 27 August	9:00am - 4:30pm & 9:00am - 5:00pm	PHS Training Brief Intervention for Indigenous Health <i>Registration Form</i>	Karen Mills	Karen Mills	SCDGP Board Room	All Staff
Wednesday 1 September	8:00pm - 9:00pm	Chaperones - Prevention, Detection, Guidelines, GPPs, Remedies, QUN, HMR, CAT	Jukarna Neill	Maq Venues Melissa Ivanc	Colinda Private Hospital	All Staff
Saturday 4 September	8:30am - 5:00pm	Spring IT On <i>Registration Form</i>	Melissa Ivanc Ian Ludwicz Maq Venues	Maq Venues Melissa Ivanc	SCDGP Board Room	All Clinical Staff
Saturday 11 September	9:00am - 5:00pm	Service Skills for Health Receptionists <i>Cost \$400</i> <i>Registration Form</i>	AMAQ	Linda Landtch	SCDGP Board Room	Receptionists
Wednesday 15 September	8:00pm - 9:00pm	Chaperones - Prevention, Detection, Guidelines, GPPs, Remedies, QUN, HMR, CAT	Jukarna Neill	Maq Venues Melissa Ivanc	Gympie	All Staff
Saturday 18 September	9:00pm - 1:00pm	Objective Structured Clinical Examination (OSCE) Workshop <i>Registration Form</i>	Dr Genevieve Yates	Linda Landtch	SCDGP Board Room	GP Registrars
Thursday 20 September	8:00pm - 9:00pm	Assessment of patient with chronic leg ulc	Carolin Patterden B&C Coac	Maq Venues	Blue Care Coacoy	PHs
Saturday 2 October	9:00am - 1:00pm	Chaperones - Prevention, Detection, Guidelines, GPPs, Remedies, QUN, HMR, CAT	Jukarna Neill	Maq Venues Melissa Ivanc	SCDGP Board Room	All Staff
Wednesday 9 October	8:00pm - 9:00pm	Assessment of patient with chronic leg ulc	Carolin Patterden B&C Coac	Maq Venues	Colinda Private Hospital	PHs
Wednesday 20 October	9:00am - 4:00pm	Immunisation Orientation Program	Sarah Grant Public Health Unit	Maq Venues	SCDGP Board Room	PHs
Friday 29 & Saturday 30 October	PHs webinar for program	Practice Retreat "New Practice Rules" - Registration Form <i>Registration Form</i>	Veron Specker See website for program	Linda Landtch	Novotel Ivan Venues	All Practice Staff
Saturday 20 November	9:00am - 5:00pm	Service Skills for Health Receptionists <i>Cost \$400</i> <i>Registration Form</i>	AMAQ	Linda Landtch	SCDGP Board Room	Receptionists
Thursday 25 November	8:00pm - 9:30pm	Blood Screen Qld Prevention, early detection, recall & reminders	Sharon Stewart Blood Screen Qld	Maq Venues	Norbus Hospital	All Staff
Friday 20 November	9:00am - 4:00pm	Catchup Immunisation Workshop	Sarah Grant Public Health Unit	Maq Venues	SCDGP Board Room	PHs

**Related links**

- > Proposed Education Timetable
- > Upcoming Courses/Workshops (External Organisations)

**Information For:**

- > GENERAL PRACTITIONERS
- > PRACTICE MANAGERS
- > PRACTICE NURSES
- > RECEPTIONISTS
- > RESOURCES

**Specialist Out-patients Depts**  
NGH, Caloundra, Gympie

**Health Services Directory**  
Health Providers and Services Directory

**Medicare**  
Resources and Templates - Quick Guide to Forms

**Useful Links**  
List of GPs & other health organisations

**eNewsletters**  
Select an eNewsletter

**Sunshine Coast Division of General Practice Ltd**  
[www.scdgp.com.au](http://www.scdgp.com.au)  
[www.scdgp.com.au](http://www.scdgp.com.au)

BOARD ONLY - SECURE SITE

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E [info@focus.qld.gov.au](mailto:info@focus.qld.gov.au)  
W [www.health.qld.gov.au](http://www.health.qld.gov.au)

Design: Health Web Design Brisbane

## Education: Self Paced (housed on SCDGP website)

Power Point Presentations

Videos of SCDGP  
Presentations


Recommended  
Readings/ Articles

Intra-practice IPL is part of  
module assessment

Instructional Videos

PODCASTS

RPL applications for Certificate 3 in Health Administration and  
Certificate 3 in Health Supervision



We will be contacting practices  
in due course to make a time  
that our friendly team can  
come to your practice to  
present the PPC program to  
your Directors, GP's and whole  
practice team.