

25 August 2010

Dr Name
Practice Name
Address 1
Address 2 QLD 4570

Dear Dr Who

This letter is to officially notify you that the current Indigenous Health Information and Access contract that you have with the Division is to be expanded.

A new information payment of \$10.00 will be offered for recording smoking cessation related interventions on a new '**Quit Visit**' form found on the Episoft system.

NCACCH and the Division are partners in implementing an '**Indigenous Smoking Cessation Pilot Program**' to document the most effective strategies to reduce smoking in the local Aboriginal and Torres Strait Islander community by 5%. The pilot program will run until June 2012.

We aim to measure and monitor a range of readily available smoking cessation strategies as they are utilised by Indigenous patients within General Practice.

I invite your involvement in assisting some of the 100 NCACCH cardholders (aged 10 years and upwards) who will register to quit in the first year. These cardholders will be encouraged to visit their GP every three months to ensure overall clinical care, whilst developing and monitoring their smoking cessation progress.

As counselling doubles the rate of successful quitting attempts, referral to a wide range of services through Team Care Arrangements and GP Mental Health Plans are encouraged to streamline and complement your efforts. Intensive clinical tobacco treatments; problem solving related to smoking triggers and relapses, as well as quit planning will need to be recorded.

If prescribed, smoking cessation medications and nicotine replacement therapies will be provided free by selected Pharmacists in the region who will be reimbursed for these products.

NCACCH requires that a variety of smoking cessation services be available which can include: acupuncture, hypnosis and Allen Carr's 'EasyWay' program. GPs are encouraged to discuss all available options with their patients. These choices will be recorded on the '**Quit Visit**' form.

The changes are summarised as follows:

- You will be offered a *Variation of Contract* to participate;
- If you sign, then you will have access to:
 - A new payment to complete the tick-box questions relating to smoking cessation under the '**Quit Visit**' form. This information will be **de-identified** to the Division;
 - The number of data submissions that NCACCH will make a payment for will be increased for '**Quit Visit**' forms.

Division staff will be happy to visit you to discuss the details of the program with you and your staff.

Yours sincerely



James Lamerton
General Manager