

Smoking and Pregnancy Resource

The Rural Health Education Foundation has a free DVD and accompanying resources for Smoking and

Pregnancy which will assist GPs, practice nurses, midwives, drug and alcohol workers and Aboriginal health workers, particularly for those who work and live in rural and remote areas, to provide that support. It contains up to date evidence based information on smoking intervention, services and care. The DVD provides a comprehensive resource base for health professionals that includes not only the Foundation's satellite television broadcast but also electronic and printable versions of all the resources

included in the National Smoke-Free Pregnancy Project and Pregnancy Lifescrrips.

It also features four case studies that depict the difficulties and concerns around smoking for Indigenous

and non-Indigenous mothers and a number of approaches and methods for smoking cessation intervention in pregnancy.

Included with the DVD is a Learning Guide designed to provide both a summary of the program and a framework for individual and group learning.

To save you having to wade through the Budget to find the information on Indigenous health, we have made the task easier for you. Go to the HealthBulletin <http://healthbulletin.org.au/> and click on 'Links to Australian Government Budget 2009-10: information of relevance to Indigenous health'.

Please pass this information through your networks and encourage people to join the e-message stick, information is provided here:

<http://www.healthinonet.ecu.edu.au/emessagestick>

The Australian Indigenous HealthInfoNet provides the following yarning places, you and your colleagues are encouraged to join these networks for information sharing about various aspects of Indigenous health.

- * Cardiovascular disease (the Indigenous HeartInfoNet)
- * Ear health and hearing (the Indigenous EarInfoNet)
- * Indigenous environmental health practitioners
- * Indigenous health workers
- * Nutrition
- * Road safety
- * Social and emotional wellbeing
- * Substance misuse
- * Western Australian Indigenous Health Promotion Network

To join, use this link:

http://www.healthinonet.ecu.edu.au/yarning_places/yarning.php

Regards

Ineke

Ineke Krom
Senior Research Officer



Kurongkurl Katitjin: Centre for Indigenous Australian Education and Research
Edith Cowan University
2 Bradford Street
Mt Lawley WA 6050

Ph: +61 8 9370 6470; Fax: +61 8 9370 6022
Web:www.healthinonet.ecu.edu.au

* Helping to 'close the gap' by providing the evidence base to inform practice and policy in Indigenous health *

VICTORIAN ABORIGINAL COMMUNITY CONTROLLED HEALTH ORGANISATION INC (VACCHO)

The Pregnancy and Smoking Research Project Officer

The Pregnancy and Smoking Research Project Officer will report to the Research and Evaluation Team Leader and provide project support and research assistance to the project:  Reducing smoking amongst pregnant Aboriginal women in Victoria: an holistic approach .

Project Description

Using an action research approach this project will develop, implement and evaluate a multifaceted holistic intervention aimed to reduce smoking amongst Aboriginal women during pregnancy.

The research project will involve three components:

1. Training will be integrated into all components of the research project to enhance the projects sustainability and mobilize the two following interventions: Groups Support Program (GSP) and Creating Supportive Environment (CSE).
2. The CSE component will work with organisations to ensure that ACCHOs are better supported to implement training and relevant policies around smoking. It will explore workplace culture as well as developing strategies to deal with pregnant women.
3. The GSP component involves mobilizing a peer group to develop self esteem and explore cultural norms about smoking behavior. This will be an on-going mechanism to assist smoking cessation and will commence after the first two components have been implemented.

Please address all applications to:

Ray Mahoney, Acting CEO
Victorian Aboriginal Community Controlled Health Organisation
PO 1328
COLLINGWOOD VIC 3066

Electronic applications can be submitted c/o email address: RayM@vaccho.com.au