

## PSYCHIATRIC MEDICATION SIDE-EFFECTS

*Do any of the medications you take have effects that you do not like?  
I will now read out some complaints that people sometimes attribute to medication.  
Have you experienced any of these in the past month?*

### RATE SEVERITY:

**0 = NOT PRESENT**

**1 = MILD:** does not hinder normal functioning, but is an annoyance

**2 = MODERATE:** significant impairment of functioning and/or uncomfortable or embarrassing

**3 = SEVERE:** severe impairment of functioning or incapacitation and/or definite threat to well-being

**8=NK**

**9=NA**

- Muscles feeling stiff or tensed up
- Inability to relax
- Hand, arms or legs shaking or trembling
- Feeling of inner restlessness
- Inability to stand still; desire to move the legs; pacing up and down
- Drowsiness or sleepiness during the day
- Trouble with eyesight
- Dry mouth or mouth more watery than normal
- Tongue moving without you wanting it
- Difficulty swallowing
- Difficulty starting walking
- Slowing down of movements
- Shuffling along

- Unsteadiness when standing or walking
- Insomnia
- Increased sleep
- Headache
- Difficulty concentrating
- Dizziness on standing
- Dizziness at other times
- Increased sweating
- Increased thirst
- Nausea
- Constipation
- Urinating difficulty
- Breast swelling
- Milk from nipples
- Sexual dysfunction
- Menstrual disturbance
- Weight Gain
- Weight Loss

Adapted from Castle DJ, Jablensky A, McGrath JJ, Carr V, Morgan V, Waterreus A, Valuri G, Stain H, McGuffin P, Farmer A. The diagnostic interview for psychoses (DIP): development, reliability and applications. *Psychological Medicine*. 36(1):69-80, 2006.